



EVENT UNDERWRITERS

PLATINUM

Meadows Mechanical
Donald & Carol Pfaff
Tumanjan Family

DIAMOND

Beach Babies, LLC
Tom & Betty Freitag
Allen & Valerie Thomas

GOLD

Parishioners Federal Credit Union
Mary & John Poprac
Joe & Lorie Rumsey
Veronica Sun, Realtor
Xero Solar

SILVER

American Martyrs Catholic Church
Lee & Terri Barden
Church on the Beach
Suzanne & David Hadley
Jack & Lynne Hook
Hope Chapel Christian Church
The Houston Family
Rick & Linda Humphrey
Russ & Kim Neglia

St. James Catholic Church
St. Lawrence Martyr Catholic Church
St. Matthew Orthodox Christian Church - Torrance

BRONZE

Mike & Marcy Dugan
Travis & Lindsey Hill
Life Chiropractic
Mexican Riviera Restaurant/Esquivel Family
Providence Little Company of Mary
Philip Johnston Ross
Deacon Dale & Kim Sheckler
The Wallender Family



MEDICAL DIRECTORS

Dr. David Lu, Medical Director
Dr. Sunaina Sehwhani, Associate Medical Director

STAFF

Adrienne Gross, Executive Director
Victoria Koh, Clinic Services Director
Debi Bryant
Gigi Harnden
Christin Gautier
Fanne Mejia
Jeanne Soto
Tina Smith

CLINIC/ADMIN. OFFICE

1311 Crenshaw Blvd., Ste. A
Torrance, CA 90501
424-263-4855
supportphctorrance.org

SATELLITE CLINIC

19000 Hawthorne Blvd., Ste.200
Torrance, CA 90503
310-320-8976
phctorrance.org

CLINIC HOURS: M-F 9:30 a.m. - 3:30 p.m.

Tuesday 11:30 a.m. - 5:30 p.m. • Thursday 5:00 p.m. - 8:30 p.m.
3rd Saturday of the month 1:00 p.m. - 3:00 p.m.

FACEBOOK: phctorrance • INSTAGRAM: @phctorrance

OUR VISION

To make abortion unwanted today and unthinkable
in future generations.

GIVE THE GIFT OF HOPE

Thank you for helping us transform hearts and impact
generations through your giving. Find many ways to contribute
at supportphctorrance.org/contribute.

Give
HOPE

A One-Time Donation
No amount is too small.

Circle
OF HOPE

Pledge Monthly
Give on a regular basis.

Legacy
OF HOPE SOCIETY

Planned Giving
Include the Center in
your legacy giving.

Honor
MEMORIALS

Honor Memorials
In honor or memory of
a loved one.

SEEING IS Believing



PREGNANCY HELP CENTER

2024-2025 ANNUAL REPORT

OUR MISSION

To provide a safe, caring
environment where every
woman facing a crisis
pregnancy can receive
information, education, and
practical assistance in order
to eliminate the crisis and
choose life for her baby; and
to inspire others to embrace
sexual health and integrity.



A LETTER FROM THE *Executive Director* AND *Board Chairperson*

Dear Friends,

Seeing is Believing.

That's the truth we witness every day in our clinic—when a woman sees the first flicker of life on an ultrasound screen, it often becomes the moment everything changes. The moment fear begins to give way to hope. The moment a choice for life becomes possible.

Since our founding 49 years ago, we have seen how one courageous “yes” to life can ripple through generations. A child is born. A family is transformed. And one day, that child may become a parent too, raising the next generation to value life.

Through God’s grace and your generosity, we’ve expanded our life-saving mission with a new 2,000-square-foot satellite clinic—welcoming, beautiful, and ready to serve more abortion-vulnerable women with life-affirming care. We began offering services at this location in late March, marking a major step toward becoming a more visible, accessible, and compassionate resource for women facing unplanned pregnancies.

Thanks to the incredible generosity of our local Knights of Columbus, our satellite clinic now has a high-resolution ultrasound machine that empowers women to vividly see their babies for the first time. It’s a powerful moment that can make all the difference- seeing a beating heart, a tiny arm, or a first flutter of movement.

Our main clinic at 1311 Crenshaw remains open as well. Both locations can serve clients with the same free, high-quality medical services and supportive care we’ve been known for.

Because of your continued support, every service we offer remains 100% free: pregnancy testing, limited obstetric ultrasounds, options counseling, abortion pill reversal referrals, parenting education, and material assistance. Every woman who walks through our doors is met with compassion, truth, and tangible support at no cost to her.

And it’s working for women like Susan, Maria, Carmen, and Rose who shared their joy in meeting their preborn babies on an ultrasound, because when a woman sees her baby... she believes.

As we near 50 years of serving women with truth, hope, and the belief in the beauty and sanctity of life, we thank you for standing with us in our mission to protect and preserve life. As Jesus said, “**Blessed are those who have not seen and yet have believed**” (John 20:29)—and how much greater the blessing when women both see and believe. Together, we are planting seeds of faith, love, and life—one heartbeat, one child, one family at a time.

Adrienne and Mary

Adrienne Gross, Executive Director
Mary Poprac, Board Chairperson

BOARD OF DIRECTORS



Mary Poprac, Chairperson Mary and her husband John have been blessed with three children and are active in family ministry at St. Lawrence Martyr. Mary is a retired Family Practice Physician who, as a Center volunteer, has seen firsthand how lives are saved by the love and care the clients receive.



Mike Kurz, Vice Chairperson Mike and Gigi Kurz are family supporters and feel that developing an unfettered respect for all life involves a continuous learning cycle that must be supported by the community. Mike, a practicing attorney and retired administrative judge, leads a weekly men’s rosary in support of the family and society.



Noreen Thomas, Treasurer Noreen and Dan Thomas have been supporting the mission of the Center for years believing that all human life is precious. Noreen is a bookkeeper/office manager and brings her business insight and knowledge to the Board.



Raquel Suh, Secretary Raquel and her husband Jung are dedicated, experienced volunteers. Together, they continue to support ministries that promote the dignity of every human being from conception until death. They are blessed with two beautiful children. Raquel prides herself in advocating for the vulnerable, leading with her compassionate heart.



Kathleen Branconier, Member Kathleen and Dennis Branconier have been parishioners at St. John Fisher for 42 years. As a prolife believer, Kathleen wants to be more involved in helping and supporting pregnant women in a crisis, especially those who aren’t aware of the options that are available through the Center.



Megan Higinbotham, Member Megan and Alex Higinbotham are passionate about protecting the precious lives of preborn babies and their mothers. They attend and serve in the children’s ministry at King’s Harbor Church and have two children. Megan is a licensed psychologist and loves opportunities to walk alongside and support others.



Karlie Lewis, Member Karli and Caleb Lewis believe that all babies, including those inside of the womb, are precious in the eyes of the Lord. They are dedicated to coming alongside mothers, babies, and the Center to aid in their mission.



Jerry Robinson, Member Jerry is honored to serve on the Board and is committed to its mission of helping women in crisis pregnancies make the choice to keep their babies. He and his wife Rhonda attend American Martyrs Catholic church and have two daughters and four grandchildren. Jerry owns Rainforest Flora Inc., an exotic plant nursery.

SEEING *Life*

Many clients walk through the clinic doors feeling lost, overwhelmed, and uncertain. Some face pressure to abort from the baby’s father, family members, or friends—often minimizing the lasting physical and emotional effects of abortion.

A client advocate discusses the client’s fears and challenges, while a nurse confirms a viable pregnancy via ultrasound by checking for a heartbeat, ruling out ectopic pregnancy, and determining gestational age.

A fetal heartbeat can be seen as early as six weeks, and 86% of abortion-vulnerable women will choose life after meeting their preborn baby on an ultrasound.

Susan shared, “The ultrasound made me emotional and determined to have the baby.” The ultrasound was Maria’s decisive moment, and she said, “I see the baby and he or she is alive.” Rose told us that when she saw the baby on the ultrasound, “A switch went off in my head making it real.” Carmen cried when she saw her preborn baby, “It was the first time I got to see what was inside my body.” “That’s my grandchild, we are keeping the baby,” stated a dad who was determined that his daughter she should have an abortion.

YOU are the reason these women chose life and have the opportunity to see and believe.



SERVICES

- Pregnancy Testing and Options Consultation
- Limited Obstetric Ultrasound Services
- Evidence-Based Education About Abortion Procedures
- Abortion Pill Rescue and Reversal Consulting and Resources
- STI Testing, Risk Assessment, and Treatment
- BrightCourse Online Education Classes
- Post-Abortion Bible Study
- Reproductive Grief Loss Support
- Breakthrough Parenting Classes
- Limited Mental Health Services
- 24-Hour Helpline

OPPORTUNITIES FOR *Involvement*

Individuals

- Time – Pray for life and our Center and consider becoming a pro-life liaison on behalf of your church
- Talent – Volunteer and share your expertise
- Treasure – Your financial gift provides hope

Churches and Groups

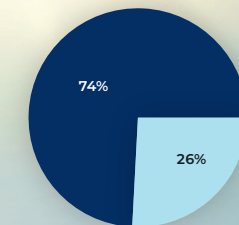
- Baby Bottles – Host a baby bottle campaign to create awareness and raise funds
- Ministry Projects – Baby shower, diaper drive, start a pro-life ministry, mentor single moms
- Spread the Word – List us in your church bulletin, website, or invite us to speak
- Form a Walk for Life South Bay team – Join us May 2026 in Redondo Beach

Clinic Tours

- Learn how your support impacts clients and their families. RSVP for monthly tours (424) 263-4855

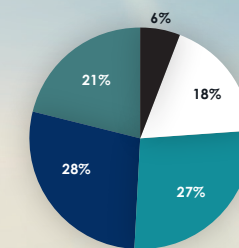
CLIENT STATISTICS

Services Provided: 1,254
Pregnancy Tests: 683
Ultrasound Exams: 465



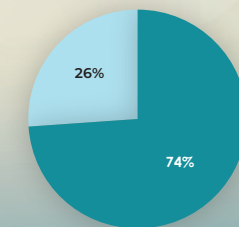
INCOME

- \$0-\$29,000
- \$30,000+



AGE

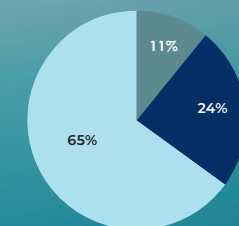
- 15-19
- 20-24
- 25-29
- 30-34
- 35+



MARITAL STATUS

- Married
- Single

FINANCES Income: \$1,135,895
Expenses: \$686,515.15



EXPENSES

- Program
- Fundraising
- Administrative