

News From Pregnancy Help Center



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Satellite Clinic

19000 Hawthorne Blvd., Ste 200
Torrance, CA 90503
(310) 320-8976 | (310) 787- HELP
phctorrance.org

- Dr. David Lu, Medical Director
- Dr. Sunaina Sehwhani, Associate Medical Director
- Victoria Koh, Clinic Services Director
- Debi Bryant, Client Services Manager
- Amy Lee, Client Services Asst.

Main Clinic/Administration

1311 Crenshaw Blvd., Ste. A
Torrance, CA 90501
(424) 263-4855
supportphctorrance.org

- Adrienne Gross, Executive Director
- Gigi Harnden, Development Mgr.
- Franne Mejia, Assoc. Exec. Director
- Jeanne Soto, Database Specialist

Our Mission Statement

To provide a safe, caring environment where every woman facing a crisis pregnancy can receive information, education, and practical assistance in order to eliminate the crisis and choose life for her baby; and to inspire others to embrace sexual health and integrity.

Giving Hope Time After Time

Jesika was just 15 when she found out she was pregnant. Worried that she would not have enough support to bring up a baby, she considered abortion. By God's grace, she was led to the Pregnancy Help Center where she received an ultrasound exam. When she saw her baby on the monitor, she was overcome at how something so small was growing in her womb. The baby looked like a little gummy bear! Hearing the nurse say, "here's your little baby," filled her with joy, and she knew she would keep her child.

That appointment began a long relationship with the Center. When Jesika was 17, she found herself pregnant again. She was trying to go back to school and didn't feel ready for another child. She came back to the Center and met with a client advocate who discussed next steps with her. Speaking with the client advocate made her realize how capable she was and how the Center would support her. Feeling reassured, she went on to have her second baby.



Jesika had three more babies with support and guidance from the Center. "It's the most helpful place to turn to. No matter what your situation is, they will care for you by offering lots of resources and support." The Center is a place that clients feel safe to return to because of generous donors like you. Thank YOU for giving the gift of hope over the years!

Your Impact in Words

Hear directly from our clients how your support has changed their lives:

"Meeting the baby on the ultrasound brought the reality of it all to life."

"I felt equipped to have this baby."

"I felt better knowing that I had a loving support system as a single mom."

"I cried when I saw my baby on the ultrasound. A switch went off in my head making it real."

"It was a relief to have someone to talk to."

"The Center saved our family."

"If it wasn't for the Center, I probably wouldn't have my sweet little boy."

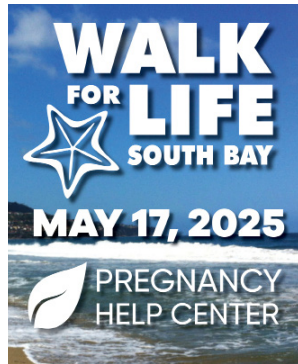
"I was grateful to be able to talk to someone about my fears."

"I would have missed out on 1,000 hugs and kisses."

Save the Date: Walk for Life South Bay

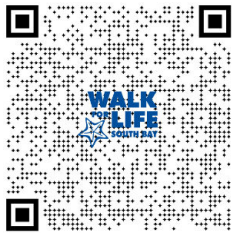
Get your walking shoes ready for the 38th annual Walk for Life! This three-mile walk celebrates the sanctity of life and raises funds to assist pregnant women in crisis.

Every \$500 raised covers the complete care of one client, including an ultrasound exam. When you raise funds, you are also helping to create awareness about the Center's services. Word of mouth is one of the crucial ways we reach women who need our support.



To make an even deeper impact, become a team captain! Rally your family, friends, and church groups to raise funds and walk together. We will provide you with the tools you need to form a team and make a lasting impact.

Walk, run, or ride your scooter with us along the strand, and enjoy a day of fun while Saving Lives Every Step of the Way.



Event Details:

Saturday, May 17th, 7:30 a.m. - 11:00 a.m.
Veterans Park, 309 Esplanade, Redondo Beach

Pre-register online and raise/pay \$45 by April 22nd to be guaranteed a Walk t-shirt.
Find out more at supportphctorrance.org

New Clinic Location!

Thanks to the generous support of our donors, we have opened an additional clinic in Torrance. This location has two medical exam rooms, two cozy client interview rooms, and a spacious waiting room. It has been furnished with a brand new ultrasound machine graciously donated by the Knights of Columbus. Keep an eye out for information on upcoming clinic tours in our e-newsletters and on our website. For a sneak peek, watch: supportphctorrance.org/newclinic

Did You Know?

At 6 weeks gestation, the baby has a steady heartbeat around 110 beats per minute and can be seen during an ultrasound exam. Additionally, 86% of abortion-vulnerable women choose life after meeting their preborn baby on the ultrasound.

70% of women who have abortions are Christian and 43% attend church. The woman in the pew next to you may be despairing over an unexpected pregnancy or abortion regret.

There are many ways your church can partner with the Center to offer hope to these vulnerable women. Invite the Center to share about our services, list the Center as a resource on your website, form a team for the Walk for Life, or even host a baby bottle fundraiser.

For more information, visit:
supportphctorrance.org/churches

Know someone with an unplanned pregnancy needing help, considering abortion, or seeking post-abortion support?

For free confidential services, have them visit phctorrance.org or call (310) 787-HELP

Donate

Go to supportphctorrance.org/contribute or use the enclosed envelope.

Volunteer

Apply to be a volunteer at supportphctorrance.org/volunteer

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