

# News From Pregnancy Help Center



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## Clinic

1311 Crenshaw Blvd., Ste. A  
Torrance, CA 90501  
(310) 320-8976 | (310) 787- HELP  
phctorrance.org

- Dr. David Lu, Medical Director
- Dr. Sunaina Sehvani, Associate Medical Director
- Victoria Koh, Clinic Services Director
- Debi Bryant, Client Services Manager
- Snow Holland, Outreach Coord.
- Donna Lee, R.N. & Sonographer

## Administration

22930 Crenshaw Blvd. Ste. L  
Torrance, CA 90505  
(424) 263-4855  
supportphctorrance.org

- Adrienne Gross, Executive Director
- Gigi Harden, Development Mgr.
- Fanne Mejia, Assoc. Exec. Director
- Jeanne Soto, Database Specialist

## Our Mission Statement

To provide a safe, caring environment where every woman facing a crisis pregnancy can receive information, education, and practical assistance in order to eliminate the crisis and choose life for her baby; and to inspire others to embrace sexual health and integrity.

## Planting Seeds of Hope

Over the past 48 years, God has shown us how He can take a small seed of hope and grow it into something far greater over time. It is a joy to witness how a life saved goes on to touch several others. We were recently reminded of this once again when we reconnected with client Guadalupe, who first came to us 25 years ago.

Back in 1999, Guadalupe noticed that she had been gaining weight and was feeling fatigued. As her periods were irregular, she was unsure about whether she could be pregnant. Thumbing through the Yellow Pages, she found the Center and made an appointment.

A pregnancy test and ultrasound exam at the Center confirmed her suspicions; she was seven months pregnant. Emotions flooded her. What would her father think? She was still in college. She felt overwhelmed, confused and alone.

However, the fears did not last long. The Center staff and volunteers stepped in with words of encouragement and practical support. They made her feel comfortable and confident, and gave her baby items like diapers, clothing, a car seat and baby booties. Even after her appointment was over, they called her regularly to check on her and she felt like they were a loving family.



This year, Guadalupe and her son, Damien, joined us at the Walk for Life South Bay. Damien shared his gratitude towards the Center and his mother, "I would like to thank the Center for all the care provided to my mom. She's a strong woman, and she's always been there for me. I graduated from college last year, and now I'm hoping to get my Masters. I'm doing it all for my mom because without her, I wouldn't be here."

The seeds God plants reap an abundant harvest. The good that sprang forth from that one appointment did not stop with the birth of Damien; Guadalupe went on to refer two of her cousins to the Center. We can provide clients like Guadalupe and her cousins with the care they need because of generous donors like you. Thank YOU for the hope you give!



## Walk for Life South Bay

The 37th annual Walk for Life South Bay raised \$63,265 to support vulnerable mothers and preborn babies! Congratulations to the top three fundraising teams: American Martyrs Catholic Church, St. Lawrence Martyr Church and Hope Chapel Hermosa Beach. Thank you to everyone who participated; your support saves lives!



## Abortion Pill information and APRN

Chemical abortion now accounts for over 63% of abortions and that number is expected to reach 80% by the end of the year. Since the FDA removed necessary safety precautions and medical oversight for dispensing the abortion pills, they are now easily available online, often from a nonmedical provider, and are wrongly promoted as being as “safe” as Tylenol.

Fortunately, the Abortion Pill Reversal Network (APRN) provides hope for women who regret taking mifepristone, the first of the two abortion pills. The Abortion Pill Reversal (APR) process can “reverse” the effects of the drug and give babies a second chance at life. As a consulting center for the APRN, we provide clients with information on the process and referrals to the network. A recent client came back to us for an ultrasound after completing the APR process, and we confirmed that it was successful; her baby was healthy and growing! Learn what YOU can do to stop the widespread use of abortion pills on our blog: [supportphctorrance.org/blog](https://supportphctorrance.org/blog)

## Set Up A Monthly Pledge

Become a monthly partner and help provide the Center with a sustainable source of income. When you spread out your donation, it may allow you to give more over the course of the year. Just \$1.37 a day (or \$42 a month) provides care for one woman at the clinic. Your monthly gifts will make a lasting impact on the lives of multiple women like Guadalupe and her cousins. Visit [supportphctorrance.org/circle-of-hope](https://supportphctorrance.org/circle-of-hope) to find out more.

### Double Your Gift

Double your impact with corporate matching gifts. Find out if your employer will match your donation then follow the instructions to submit your match request online. Go to: [doublethedonation.com/supportphctorrance](https://doublethedonation.com/supportphctorrance).

### Join Us for a Clinic Tour

Experience firsthand the work we do in the clinic, from client advocacy to introducing clients to their pre-born babies using ultrasound exams.

Tours are bi-monthly.

Upcoming dates: September 24, November 19, or arrange a tour for your group or ministry.

3:30 p.m. - 5:00 p.m.

1311 Crenshaw Blvd., Ste. A  
Torrance, CA 90501

RSVP (424) 263-4855

Space is limited. Ages 14 and up.

### Stock Your Pantry and Benefit the Center

Shop for groceries and donate at the same time. Link your Ralphs or Food 4 Less shopper's card and choose the Pregnancy Help Center as your charity to donate a percentage of your purchase. Go to: [ralphs.com/communitycontribution](https://ralphs.com/communitycontribution) or [food4less.com/i/community/community-rewards](https://food4less.com/i/community/community-rewards)

## Donate

Go to [supportphctorrance.org/contribute](https://supportphctorrance.org/contribute) or use the enclosed envelope.

## Volunteer

Apply to be a volunteer at [supportphctorrance.org/volunteer](https://supportphctorrance.org/volunteer)

## Follow

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