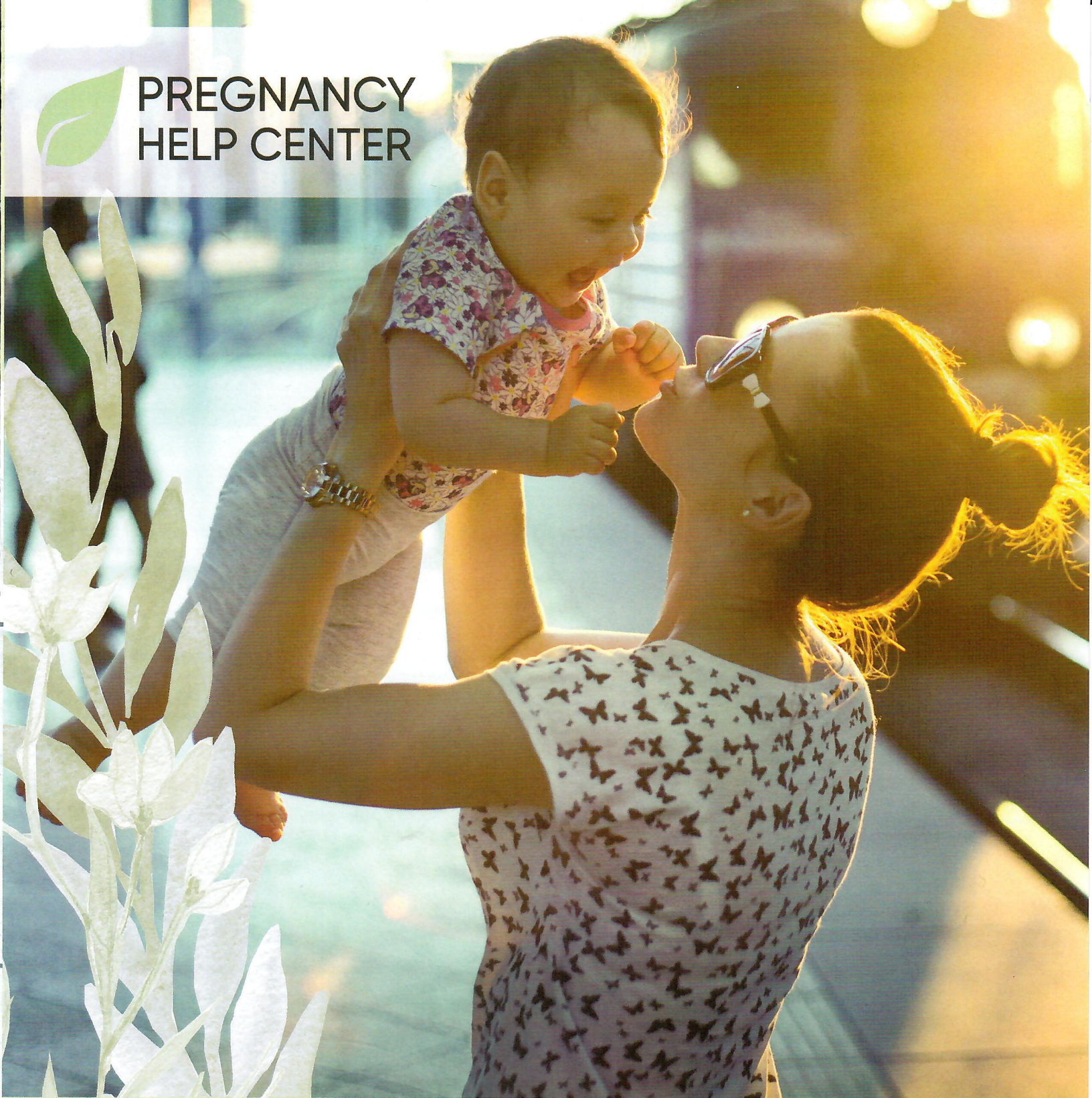




PREGNANCY
HELP CENTER



2022-2023 ANNUAL REPORT

Let Life Shine

FROM THE EXECUTIVE DIRECTOR AND BOARD CHAIRPERSON

Dear Friends,

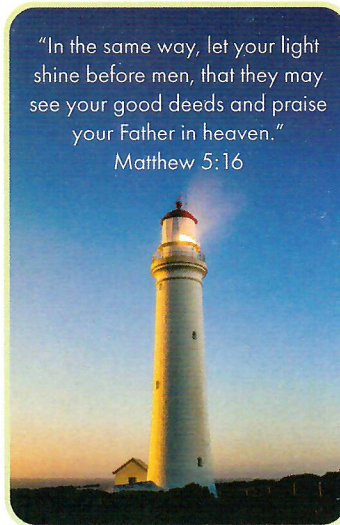
Like the beacon in a lighthouse, we want the Pregnancy Help Center to be a light shining to women and families facing an unplanned pregnancy so that they may **Let Life Shine**. We want them to be guided to the Center where they can find:

- Hope and help where often there is none
- Encouragement when it is needed most
- Kindness and compassion when they have no one to turn to

Because of YOU, we can offer this compassionate care when a woman is at a very vulnerable time.

The (recent) Prop 1 amendment to the California Constitution increases the urgent need to provide lifesaving alternatives to the abortion minded. State law now declares that "every individual possesses a fundamental right of privacy with respect to personal reproductive decisions and prohibits the state from denying or interfering with a person's right to choose or obtain an abortion before viability of the fetus, or when the abortion is necessary to protect the life or health of the person" which in effect does not limit abortion to "before viability".

Chemical abortions now account for over 53% of all abortions. This number continues to grow as abortion pills (Mifepristone and Misoprostol) become increasingly available through the mail without a medical exam. Chemical abortion is still promoted as being "safer than Tylenol", despite the fact that thousands of women have been injured and even died after attempting chemical abortions due to an undiagnosed ectopic pregnancy or her baby is past the 10-week gestational age limit. If women do not reveal their use of the drugs in the ER, it may be miscoded as a miscarriage. If the Rh factor is not determined, this may jeopardize future pregnancies.



Additionally, there has been:

- An increase in the intentional spreading of false information about licensed pregnancy medical clinics like ours
- Suppression of ads by Google
- Disclaimers on both Yelp and the County of Los Angeles Public Health Department website. These disclaimers advise women to beware of misleading advertising from "Crisis Pregnancy Centers" claiming they "look like health care clinics" and "often provide false medical information."

Consequently, our pregnancy test client numbers declined in the last half of 2022 in contrast to record numbers in 2021. To meet these challenges, we revamped our marketing efforts in January to focus on specific strategies to attract more clients with unplanned pregnancies and especially those seeking chemical abortion pills. Pregnancy test client numbers began rising in April, and May was one of the highest months ever.

As the need for our services continues to grow, we are looking at adding additional programs, personnel to support them, and a larger facility in a more strategic area. We ask for your continued prayers in this endeavor; for our clients, staff, and volunteers; and for God's wisdom, guidance, and clarity as we continue to **Let Life Shine**.

Adrienne & Tom

Adrienne Gross, Executive Director
Tom Freitag, Board Chairperson

OPPORTUNITIES FOR INVOLVEMENT



INDIVIDUALS

- Time – Pray for life and our Center and consider becoming a pro-life liaison on behalf of your church
- Talent – Volunteer and share your expertise
- Treasure – Your financial gift provides hope

CHURCHES AND GROUPS

- Baby Bottles – Host a baby bottle campaign to create awareness and raise funds
- Ministry Projects – Baby shower, diaper drive, start a pro-life ministry, mentor single moms
- Spread the Word – List us in your church bulletin, website, or invite us to speak
- Form a Walk for Life South Bay team – Join us May 2024 in Redondo Beach

CLINIC TOURS

- Learn how your support impacts clients and their families. Tours are on the 4th Tuesday of the month. RSVP as space is limited (424) 263-4855

A BEACON OF HOPE

In the darkness of doubt, the Center lights the way with hope and support for clients like Maisy. She was unsure how to proceed when she discovered she was pregnant, especially since her health insurance had lapsed. Maisy googled pregnancy resources, and the Center topped the search results.

Client services manager, Debi, provided Maisy with the information, resources (including insurance), and care that she needed to feel confident in her decision to have the baby. Maisy shared, "I was scared and overwhelmed when I discovered that

I was pregnant, and I genuinely don't know where I would be or what decision I would have made without their support."

Along with periodic check-in calls from Debi, BrightCourse online education lessons, and using her BrightCourse points to "shop" for new baby items, Maisy felt fully prepared with a solid foundation and a loving system to help her succeed as a new mom. Maisy and her four-month-old baby boy are thriving beautifully. Your support is life changing to our clients and their families. Thank you for helping to **Let Life Shine!**



SERVICES

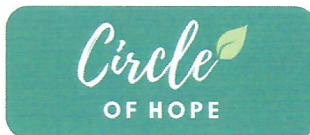
- Pregnancy Testing and Options Consultation
- Limited Obstetric Ultrasound Services
- Evidence-Based Education About Abortion Procedures
- Abortion Pill Rescue and Reversal Consulting and Resources
- STI Testing, Risk Assessment, and Treatment
- Assistance with Medi-Cal Application
- BrightCourse Online Education Classes
- Post-Abortion Bible Study
- Breakthrough Parenting Classes
- Limited Mental Health Services

GIVE THE GIFT OF HOPE

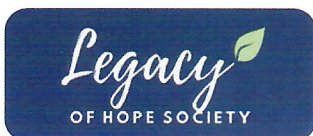
Thank you for helping us transform hearts and impact generations through your giving. Find many ways to contribute at supportphctorrance.org/contribute.



A One-Time Donation
No amount is too small.



Pledge Monthly
Give on a regular basis.



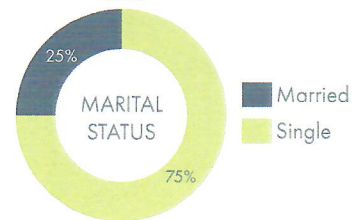
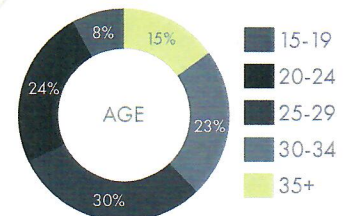
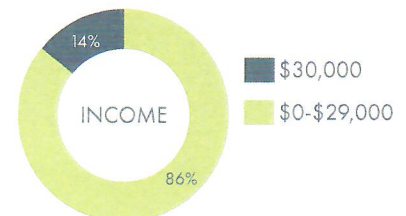
Planned Giving
Include the Center in your legacy giving.



Honor Memorials
In honor or memory of a loved one.

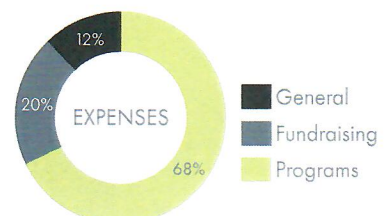
CLIENT STATISTICS

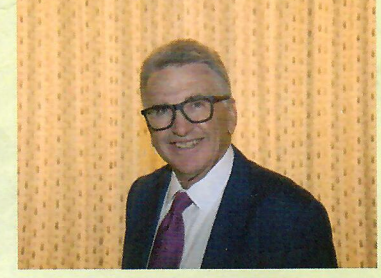
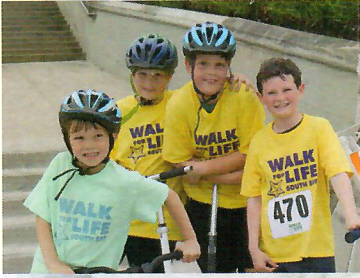
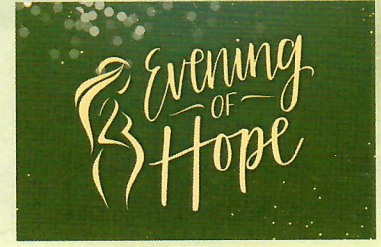
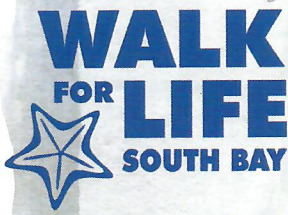
Services Provided.....	1,040
Pregnancy Tests	613
Ultrasound Exams	391



FINANCES

Income: \$980,150 Expenses: \$517,154





Event Sponsors

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Snow Holland
Victoria Koh
Donna Lee
Jeanne Soto
Franne Valle

OUR MISSION

To provide a safe, caring environment where every woman facing a crisis pregnancy can receive information, education, and practical assistance in order to eliminate the crisis and choose life for her baby; and to inspire others to embrace sexual health and integrity.



ADMINISTRATIVE OFFICE

22930 Crenshaw Blvd., Suite L
Torrance, CA 90505
424-263-4855
supportphctorrance.org

CLINIC ADDRESS

1311 Crenshaw Blvd., Suite A
Torrance, CA 90501
310-320-8976
phctorrance.org

CLINIC HOURS

M-F 9:30 a.m. - 3:30 p.m.
Thursday 5:00 p.m. - 8:30 p.m.
FACEBOOK: phctorrance
INSTAGRAM: @phctorrance

Pregnancy Help Center is a 501(c)(3) corporation and is licensed by the State of California Department of Health as a Community Clinic. Federal Tax ID # 95-4579814