



PREGNANCY HELP CENTER

2019-2020 ANNUAL REPORT

599
PREGNANCY TESTS



1,062 SERVICES PROVIDED



688 UNIQUE CLIENTS



329
ULTRASOUND EXAMS

ENGAGE
EQUIP
EMPOWER



495 POSITIVE
PREGNANCY TESTS



88% OF ABORTION-VULNERABLE/MINDED CLIENTS CHOOSE LIFE

OUR MISSION

To provide a safe, caring environment where every woman facing a crisis pregnancy can receive information, education, and practical assistance in order to eliminate the crisis and choose life for her baby; and to inspire others to embrace sexual health and integrity.

FROM THE EXECUTIVE DIRECTOR AND BOARD CHAIRPERSON



Dear Friend of the Center,

"...to equip his people for works of service, so that the body of Christ may be built up." – Ephesians 4:12

During COVID-19, we have been blessed with additional opportunities to perform works of service that build up the body of Christ. We had to reimagine serving clients in a manner considerate of both our and their health and safety.

Consequently, we supplemented limited in-clinic services with telehealth consultations. We are thankful for having added this capability now that we are again offering all services in the clinic.

Our works of service engage, equip, and empower clients with information and resources they need to choose the miracle of life for their preborn children. We want our clients to be:

- **Engaged** in a caring environment, including via telecommunication, that builds trust by allowing them to share their stories and individual challenges.

- **Equipped** by "meeting" their preborn child for the first time through an ultrasound, by receiving answers to questions about pregnancy (particularly now regarding COVID-19), and by being provided access to online educational courses on pregnancy, parenting, and life skills.
- **Empowered** by our support for eliminating crisis from their lives, thereby enabling them to make a decision that embraces God's gift of a child.

We are grateful to the Lord. He touches our clients' hearts. He has touched your hearts, too, and you have responded by joining this ministry with your prayers and donations of time and financial support. May He bless you abundantly for your generous participation in this work of service that builds us up in the body of Christ.

Adrienne & Dan

Adrienne Gross, *Executive Director*

Dan Houston, *Board Chairperson*

BOARD OF DIRECTORS



Dan Houston, Chairperson Dan and Linda Houston and their four children believe human life is God's gift, and affirmation of this belief is an act of faith and hope. As an engineering Director with The Aerospace Corporation, Dan brings managerial and analytical skills to the PHC Board.



Brian Wynne, Vice Chairperson Brian and Lindy Wynne value the Center's dedication to preserving and honoring innocent human life. They are grateful for their family of three children, all of whom are adopted. Brian is a project manager for a real estate company and offers the board his related skills in management and forward vision.



Heidi Cunningham, Secretary Heidi Cunningham is passionate about the Center. She supports the amazing work that helps every woman that walks through the door facing a crisis pregnancy make the most important decision to choose life for her baby in a nonjudgmental, caring, and safe environment.



Scott deBeaubien, Treasurer A core belief for Scott and Cheryl deBeaubien and their family is that the value of all lives is paramount in God's eyes. Cheryl first volunteered at the Center, and now Scott as a retired Software Engineer brings his analytical skills to help the center grow in its influence throughout the South Bay.



Brenda Coe, Member Brenda and Eric Coe were impressed with the Center after the birth mom of one of their adopted children received services here which helped her to choose life. While Brenda has stepped away from a formal law practice to raise five young children, she brings years of legal experience to the Board.



Annette Leroux, Member Annette and Normand Leroux are natives of Canada and St. Lawrence Martyr parishioners for 50 years. In the 70s, they protested at an abortion clinic until it closed down. Annette believes in the work of the Center in helping mothers and babies and is proud of her involvement on the board.



Lindsey Love-Hill, Member Lindsey and Travis Hill are passionate about protecting the precious lives of preborn babies and their mothers. They homeschool their three children and are also a foster family. Lindsey is a licensed psychologist and loves opportunities to walk alongside and support others.

ENCOURAGING AND EMPOWERING WOMEN



Imagine giving birth in a hospital during COVID-19. Kat, a former client, did just that when she delivered son Gabriel in mid March. She says it was stressful because her partner wasn't allowed in the labor room, and he was only present for the actual birth. Everything worked out, and the new family is doing well.

Going back to July 2019 when Kat found out she was pregnant, she didn't have a doctor. She wanted to confirm her pregnancy and make sure everything was okay. Without a doctor, Kat says she couldn't verify her pregnancy and wasn't sure where to turn. She was worried that she wasn't starting prenatal care soon enough and wanted to protect her unborn baby.

Looking for a reliable clinic with a good reputation, her internet search led her to the Center. Our positive online reviews helped her feel confident in making an appointment.



Kat remembers, "I was really nervous because I didn't have a doctor and didn't know what to expect, but you were amazing and helpful! You answered all my questions and were calm so I could be calm. I felt encouraged and empowered to make decisions that would be right for me."

Kat also appreciated that we offered breastfeeding education and referrals to childbirth and car seat classes. She shares, "The experience was helpful, stress-free and amazing! I've referred other friends already."

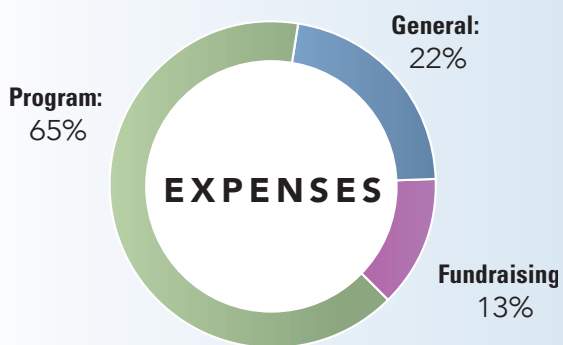
Since many of our clients come from referrals through a friend or relative, we appreciate that Kat was willing to share her positive experience to encourage and empower others.

OFFERED FREE TO ALL

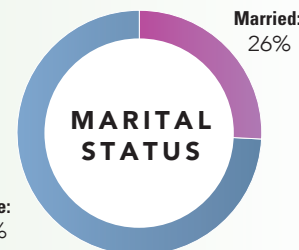
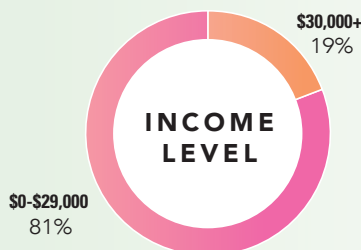
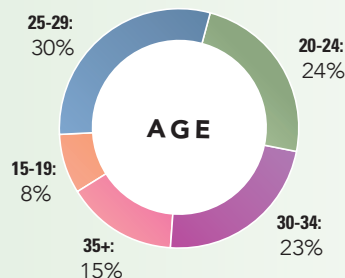
- Pregnancy testing
- Limited obstetric ultrasound exam
- STI testing, risk assessment, and treatment
- Evidence-based education about abortion procedures
- Post-abortion support
- Prenatal and breastfeeding education
- Assistance with Medi-Cal application
- Community resource referrals (adoption, housing, and professional counseling)
- BrightCourse online education
- 24-hr. helpline

FINANCES

Income \$657,387
Expenses \$464,635



ABOUT OUR CLIENTS



STAFF

Adrienne Gross, *Executive Director*

Dr. David Lu, *Medical Director*

Norma D. Grove

Snow Holland

Victoria Koh

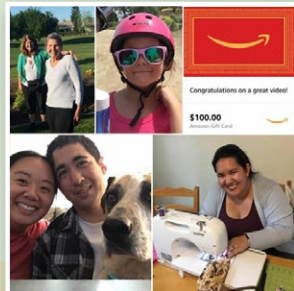
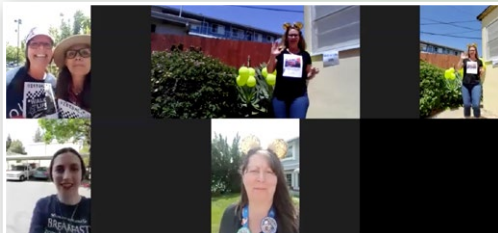
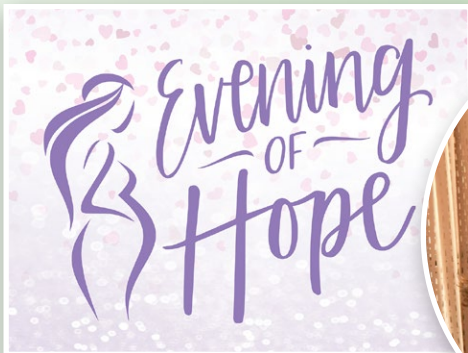
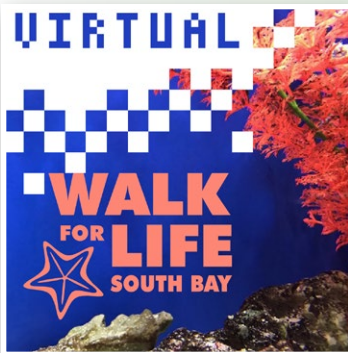
Donna Lee

Susan Lofy

Jeanne Soto

Mary Thompson





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Pregnancy Help Center is a 501(c)(3) corporation and is licensed by the State of California Department of Health as a Community Clinic. Federal Tax ID # 95-4579814

We thank you for celebrating life and helping us transform hearts through your giving. You'll find many ways to contribute to the Center at supportphctorrance.org/contribute



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