

News From Pregnancy Help Center



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Clinic

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(310) 320-8976 | (310) 787- HELP
phctorrance.org

- Dr. David Lu, Medical Director
- Dr. Sunaina Sehvani, Associate Medical Director
- Victoria Koh, Clinic Services Director
- Donna Lee, R.N. & Sonographer
- Debi Bryant, Client Services Manager
- Snow Holland, Outreach Coord.

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(424) 263-4855
supportphctorrance.org

- Adrienne Gross, Executive Director
- Franne Valle, Assoc. Exec. Director
- Gigi Harnden, Development Mgr.
- Jeanne Soto, Database Specialist

Our Mission Statement

To provide a safe, caring environment where every woman facing a crisis pregnancy can receive information, education, and practical assistance in order to eliminate the crisis and choose life for her baby; and to inspire others to embrace sexual health and integrity.

The Heart of the Matter

Marilyn was still grieving a miscarriage from a year prior when she unexpectedly found out that she was pregnant again. She could not bear to get emotionally attached to a growing baby again and risk the pain of finding out their heart had stopped beating. She already had two teenage children to care for and didn't have people in her life to support her through this new pregnancy. She reasoned with herself that it would be best to terminate early.

However, something tugged at her heart and prompted her to seek guidance on whether to keep the baby and a Google search led her to the Center. Marilyn was scheduled for a free ultrasound exam that revealed a strong heart beating away. The sight of that little heart broke down the walls that Marilyn had built around her own, and she instantly decided, "I think I'll keep her."

Marilyn was moved by the amount of love and support she received at the Center. She was given a Love Box filled with books, words of encouragement, and a onesie. She couldn't help imagining how her baby would fit into that onesie. The nurse also provided her with useful information for maintaining a healthy pregnancy and a referral to an OBGYN. She left "feeling equipped to have this baby."

That was not the end of her encounter with the Center. A client advocate followed up with her throughout her pregnancy. Marilyn reports that this helped her to stay positive because she knew that she would have support if she needed it. Marilyn eventually gave birth to a beautiful baby girl, Melody, in November 2023.

Marilyn's story illustrates the profound impact an ultrasound image can have on abortion-minded women. She advises other women in her position to visit the Center for an ultrasound exam before making a decision, "I didn't expect to be sitting here with a beautiful baby until I went to the Center." We are able to offer this crucial support to vulnerable women because of the generosity of our patrons. Thank YOU for changing hearts and saving precious little lives.



Save the Date: Walk for Life South Bay

Spring is here! That means it's time for the 37th annual Walk for Life South Bay. Join us for fun and fellowship saving lives every step of the way in support of vulnerable women and their preborn babies.

Event Details:

Saturday, May 18th, 7:30 a.m. - 11:00 a.m.

Veterans Park, 309 Esplanade, Redondo Beach

Find out more at event.fundeasy.com/27239



State of Abortion and Heartbeat Study

Since the Dobbs decision 1 1/2 years ago, new reports reveal a mix of both hopeful and troubling statistics. National Right to Life's "The State of Abortion 2024" reveals that protective state laws enacted since Dobbs have saved as many as 89,000 preborn children. While promising, the overturning of Roe has also mobilized a harder push for access to the chemical abortion pills by pro-abortion advocates.

Abortion stops a beating heart more than 2,500 times a day in the U.S., and it's estimated that 80% of all abortions in 2023 were chemical abortions. Heartbeat International's "The Changing Face of Abortion Today" describes how the erosion of medical oversight in dispensing abortion pills has compromised women's safety. There has been a rise in coercion and women risking their lives by taking the pill beyond the approved 10-week gestation limit. Read the complete reports at supportphctorrance.org/blog/.

Leave a Legacy of Hope

Planned giving refers to the transfer of assets to a designated nonprofit organization during a lifetime or upon someone's passing. Gifts such as bequests, life insurance policy and retirement assets, and life income gifts help us to save more babies like Melody. You don't have to be wealthy to make a meaningful contribution. Consult a financial/legal advisor to discuss the tax implications of these options. Visit supportphctorrance.org/legacy-of-hope-society to find out more.

Double Your Gift

Double your impact with corporate matching gifts. Find out if your employer will match your donation then follow the instructions to submit your match request online. Go to: doublethedonation.com/supportphctorrance.

Join Us for a Clinic Tour

Experience firsthand the work we do in the clinic, from client advocacy to introducing clients to their pre-born babies using ultrasound exams. Ages 14 and up

Upcoming dates: April 30th,
May 28th, June 25th
3:30 p.m. - 5:00 p.m.
1311 Crenshaw Blvd., Ste. A
Torrance, CA 90501
RSVP (424) 263-4855
Space is limited.

Stock Your Pantry and Benefit the Center

Shop for groceries and donate at the same time. Link your Ralphs or Food 4 Less shopper's card and choose the Pregnancy Help Center as your charity to donate a percentage of your purchase. Go to: ralphs.com/communitycontribution or food4less.com/i/community/community-rewards

Donate

Go to supportphctorrance.org/contribute or use the enclosed envelope.

Volunteer

Apply to be a volunteer at supportphctorrance.org/volunteer

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