News From

Pregnancy Help Center



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Clinic

1311 Crenshaw Blvd., Ste. A Torrance, CA 90501 (310) 320-8976 | (310) 787- HELP phctorrance.org

- Dr. David Lu, Medical Director
- Dr. Sunaina Sehwani, Associate Medical Director
- Victoria Koh, Clinic Services Director
- Donna Lee, R.N. & Sonographer
- Debi Bryant, Client Services Manager
- · Snow Holland, Outreach Coord.

Administration

22930 Crenshaw Blvd., Ste. L Torrance, CA 90505 (424) 263-4855 supportphctorrance.org

- · Adrienne Gross, Executive Director
- Franne Valle, Assoc. Executive Director
- Gigi Harnden, Development Mgr.
- Jeanne Soto, Database Specialist

Our Mission Statement

To provide a safe, caring environment where every woman facing a crisis pregnancy can receive information, education, and practical assistance in order to eliminate the crisis and choose life for her baby; and to inspire others to embrace sexual health and integrity.



Walking Out With Hope

Traversing California's healthcare system and trying to find free resources is a daunting task, but it's even harder when you are a new resident, recently lost your home, and discover you are unexpectedly pregnant. This was Amanda's situation when she came to the Center full of doubts, feeling scared, and thinking about abortion; but she would soon be at ease.

Amanda's client advocate shared her own abortion experience and how the loss took a lifetime to heal. Their conversation made a huge impression on Amanda and helped put things into perspective. "I felt supported, and it was a relief to have someone to talk to and help me figure out healthcare providers as well as other necessary resources." The same client advocate checked in on Amanda throughout her pregnancy.

During her visit with the nurse, Amanda talked through her fears of being able to carry the baby to term because of health issues and medications. Once she saw the heartbeat on the ultrasound, she felt a sense of relief and shared, "I carried the ultrasound picture with me everywhere; seeing it was a validation and made it a lot more real".

Amanda walked into the Center not knowing how she would manage life with a baby and walked out with insurance, an OB/GYN referral, and a plethora of resources to help her feel more confident along with the very first (ultrasound) picture of her baby who is now a healthy six-month-old boy.

Because of your support, our staff and volunteers are able to offer women like Amanda life-affirming care and the practical assistance they need. Thank YOU for making these extraordinary moments possible.



Are you interested in volunteering at the Center and lovingly providing support to women with an unplanned pregnancy? Learn more at supportphctorrance.org/support-us/volunteer/.

Walk for Life South Bay

The 36th annual Walk for Life South Bay raised \$60,000 and had record-breaking attendance with over 410 walkers! Kudos to the Hope Chapel team which not only raised the most funds (\$9,215) but had the largest team. Thank you to everyone who participated; your support saves lives! Save the date for next year's Walk, May 18th.



Guiding Young People to Be Pro-life

Did you know that we have an outreach program to talk to teens about being pro-life, the prenatal development of a baby, and how the Center can offer help if they or a friend become pregnant? Unfortunately, youth believe social media influencers and pro-choice responses to Google searches that promote abortion, whereas the Center aims to educate them with evidence-based information. To learn more, contact Snow Holland at outreach@phctorrance.org.

The Center Goes to Sacramento

Exec. Dir. Adrienne Gross, along with members of the California Alliance of Pregnancy Care, was introduced on the floor of the State Assembly and Senate during the Alliance's summit. Adrienne shares, "What a wonderful opportunity going to the Capitol was despite Calilfornia's political leaders' strong pro-abortion stance. Meeting with the legislative staff to share the good work of the Center and the free services we provide was invaluable. It was also a great opportunity to voice strong opposition to AB 602 and educate them about why it is harmful and an inaccurate representation of how we operate." We pray this is a step in building relationships with our leaders that will lead them to truly understand the importance of helping women in unplanned pregnancies with our services.



Benefit the Center While Shopping for School Supplies and Groceries

Link your Ralphs or Food for Less shopper's card and choose the Pregnancy Help Center as your charity. A percentage of your purchase will be donated to the Center. ralphs.com/communitycontribution food4less.com/i/community/

Join Us for a Clinic Tour

Experience firsthand the work we do in the clinic from client advocacy to introducing clients to their pre-born babies using ultrasound exams.

Upcoming dates: August 22nd, September 26th, October 24th 3:30 p.m. - 5:00 p.m. 1311 Crenshaw Blvd., Ste. A Torrance, CA 90501 RSVP required (424) 263-4855 Space is limited. Ages 14 and up Church/ministry groups welcome

Visit Our Website

Discover how we began and became a licensed medical clinic, get to know our dedicated volunteers, read our clients' experiences, learn how to debunk myths about pregnancy centers, and more at supportphctorrance.org

Double Your Gift

Double your impact with corporate matching gifts. Find out out more at: doublethedonation.com/ supportphctorrance.

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Go to supportphctorrance. org/contribute or use the enclosed envelope

Refer

Refer potential clients to discover our free pregnancy services at photographics.

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