

News From Pregnancy Help Center



Board of Directors

- Tom Freitag, Chairperson
- Steven Perry, Vice Chairperson
- Dan Houston, Treasurer
- Mary Poprac, Secretary
- Scott deBeaubien
- Lindsey Hill
- Mike Kurz
- Annette Leroux

Clinic

1311 Crenshaw Blvd., Ste. A
Torrance, CA 90501
(310) 320-8976 | (310) 787- HELP
phctorrance.org

- Dr. David Lu, Medical Director
- Dr. Sunaina Sehواني, Associate Medical Director
- Snow Holland, Outreach Coord.
- Victoria Koh, Clinic Services Director
- Donna Lee, R.N. & Sonographer
- Debi Bryant, Client Services Manager
- Susan Lofy, Client Advocate

Administration

22930 Crenshaw Blvd. Ste. L
Torrance, CA 90505
(424) 263-4855
supportphctorrance.org

- Adrienne Gross, Executive Director
- Gigi Harnden, Development Mgr.
- Jeanne Soto, Database Specialist

Our Mission Statement

To provide a safe, caring environment where every woman facing a crisis pregnancy can receive information, education, and practical assistance in order to eliminate the crisis and choose life for her baby; and to inspire others to embrace sexual health and integrity.



Against All Odds

Despite the pandemic and its adverse effects, in 2021 83% of our abortion-vulnerable clients chose life after seeing their baby on an ultrasound. Your support along with the dedication of our client advocates and nurses made this possible.

A recent client in an unstable relationship came to the clinic for a pregnancy test. Without family nearby, she felt very alone. Client advocate Linda was able to work with her through her concerns. After the appointment, Linda tried to contact her to follow up, but her number was not in service. Not one to give up easily, Linda continued to try the number again, and this time it miraculously went through. The client came back to the clinic and Nurse Donna introduced her to her baby on the ultrasound. Because of the loving support she received, she started prenatal care.

Another client and her husband came to the clinic feeling fearful about having a third child. Although their minds were set on abortion, the husband said if there was a heartbeat, they would have the baby. Based on Nurse Victoria's estimation of the baby's age, the client qualified for an ultrasound. Incredibly, the baby had a visible heartbeat at 5 weeks and 5 days old! Victoria said they have never seen a heartbeat so early in such a small baby. It was truly a God-given miracle. The client started crying and told us, "You know, these are tears of joy. I think I am going to be OK."

These miraculous moments happen in our clinic everyday thanks to YOU. Our client advocates and nurses are able to provide vulnerable women the help they need to choose life because of your support. Read more stories at supportphctorrance.org/stories-of-hope.

Lifesavers Needed!

Volunteer nurses and client advocates are needed to transform lives. Details at supportphctorrance.org/volunteer

Alarming Rise in Chemical Abortions

Easy access to abortion pills threatens to reverse the sustained decline in abortions we have experienced over the last three decades.

Due to heavy lobbying by Planned Parenthood, the FDA has permanently modified the Risk Evaluation and Mitigation Strategy (REMS) for chemical abortion pills, allowing women to receive the life-threatening (to mother and baby) pills through the mail without a medical exam.



The number of chemical abortions has been steadily growing, and according to Guttmacher Institute accounts for 54% of abortions in 2020 compared to 44% in 2019. These numbers are likely to continue to increase given the heavy publicity of telemedicine by abortion groups.

Read more about the worrying trend on our blog, supportphctorrance.org/blog.

Upcoming Events

Something Fun is Afoot...

The 35th annual Walk for Life South Bay is back! We are excited to be together again for this fun, family-friendly event.

Saturday, May 21st
8:30 a.m. - 11:00 a.m.
Veterans Park
309 Esplanade
Redondo Beach, CA 90278

Find out more at supportphctorrance.org.

Join Us for a Clinic Tour

See the difference your support makes. Learn about the work we do in the clinic, from client advocacy to ultrasound exams.

Upcoming dates: April 26th,
May 24th, June 28th, July 26th
3:30 p.m. - 5:00 p.m.
1311 Crenshaw Blvd., Ste. A
Torrance, CA 90501

RSVP (424) 263-4855
Space is limited.

Fill Up Your Easter Baskets!

Ralph's Community Contribution Program

Shop for Easter eggs or brunch ingredients and donate at the same time. Simply link your Ralph's shopper's card and choose the Pregnancy Help Center as your charity to donate a percentage of your purchase. Go to: ralphs.com/communitycontribution

AmazonSmile

Conveniently shop supplies for Easter crafts and decor on Amazon and have a percentage of your purchase go to the Center. Join AmazonSmile and choose Pregnancy Help Center as your charity. Go to: smile.amazon.com

Ten Thousand Villages

Purchase unique, handmade items from Ten Thousand Villages and 15% of your purchase will be donated to the Pregnancy Help Center. Mention the Center at checkout.

Locations: 1907 S. Catalina Ave., Redondo Beach and 112 E. 22nd St., San Pedro

Donate

Go to supportphctorrance.org/contribute or use the enclosed envelope

Volunteer

Apply to be a volunteer at supportphctorrance.org/volunteer

Follow

Follow us on Facebook for our latest updates
[@phctorrance](https://www.facebook.com/phctorrance)