



Transforming Hearts A Legacy of Life

2018 - 2019 Annual Report



Pregnancy
HELP CENTER

FROM THE EXECUTIVE DIRECTOR AND BOARD CHAIR



Dear Friend of the Center,

The Pregnancy Help Center is committed to supporting pregnant women who lack hope and confidence in expecting a child. Through our free services, programs, and referrals, we seek to instill a sense of trust and compassion that enables a woman to choose the life of her child freely, unencumbered by anxiety, fear of the future, and pressures from others who either share her state of mind or seek to profit from her situation.

We provide a woman in a crisis pregnancy with information and resources she needs to facilitate a change of heart that eliminates the crisis and allows her to choose life for her baby.

Our heavenly Father has promised, "I will give you a new heart, and a new spirit I will put within you." (Ezekiel 36:26) We praise and thank God for the number of women's hearts transformed and the number

of children's hearts alive since the Center opened over 43 years ago. We have found that 86% of abortion-vulnerable women choose life after seeing their precious baby's heart beating during the ultrasound provided lovingly by our sonographers. Our staff and volunteers rejoice with each of these women and their children.

Since its inception, the pregnancy center movement has experienced relentless attacks by pro-abortion forces. These attacks are on the rise, both in number and degree of deception, as abortion numbers decline and many states pass pro-life legislation.

Against this ruthless, death-minded onslaught, Center supporters have remained firm in their desire to promote a transformation of hearts for the cause of choosing life.

To those who are already involved in the Center's work, we thank you. To others, we invite you to join this work of transformation, through volunteering and spreading the pro-life message to your churches, families and friends.

Working together, we can continue to do God's work, continue to transform hearts, and continue to see women making the choice for life. May God bless you abundantly for all you do.

In His Service,

Adrienne & Dan

Adrienne Gross, Executive Director

Dan Houston, Board Chairperson



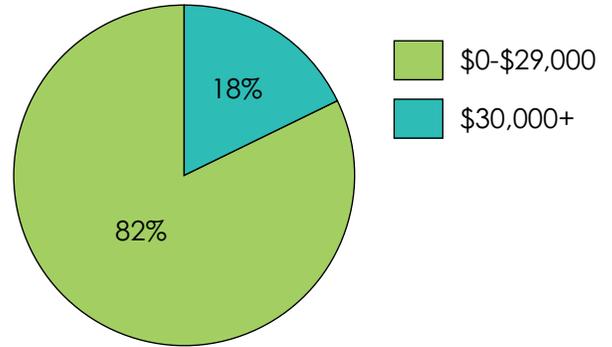
What We Offer

All our services are free of charge:

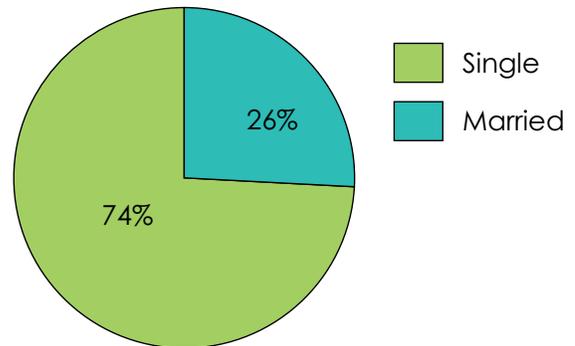
- Pregnancy testing
- Limited obstetric ultrasound exam
- STI testing, risk assessment, and treatment
- Evidence-based education about abortion procedures
- Post-abortion support
- Prenatal and breastfeeding education
- Assistance with Medi-Cal application
- Community resource referrals (adoption, housing, and professional counseling)
- 24-hr. helpline

In 2018

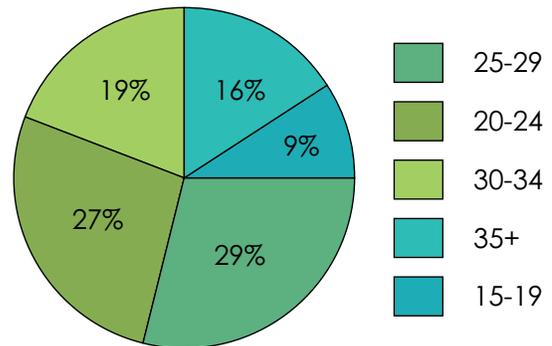
- Services provided: 1,130
- Unique Clients: 702
- Pregnancy Tests: 660
- Positive Tests: 543
- Ultrasounds: 348
- Abortion-Vulnerable/Minded Ultrasound Clients Choosing Life: 86%



INCOME LEVEL

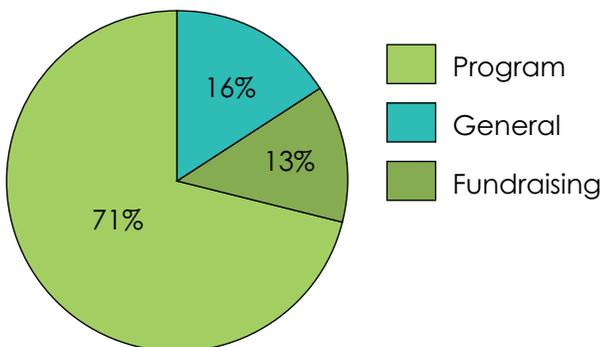


MARITAL STATUS



AGE

Finances



EXPENSES

Income 495,628
Expenses 430,877



Transformed by Love and Compassion



Danielle rushed to the clinic on her lunch hour. She'd just broken up with her boyfriend, was living out of her car, and now suspected she was pregnant. She was very anxious, stressed, and wanted immediate help.

When she arrived at the clinic as a walk-in, she was given an appointment for that evening. At that point, did she think of going somewhere else where she could be seen right away? "No, I knew I would keep my appointment because of the kind and caring way I was treated." She adds, "For a minute I considered abortion, but I knew I had to talk to people and think about my decision. Everyone at the clinic was amazing, and I knew they would be there for me no matter what I decided."

From her positive pregnancy test and other medical information, the nurse assessed Danielle at over six weeks pregnant, so the ultrasound was performed right away. The result caused another unexpected turn to her story — Danielle was carrying twins!



"I went through a process; I did a lot of soul-searching and came to the conclusion that I'm an adult and I have to be responsible for my actions." She continues, "Once I decided to have these babies it gave me the motivation to get my life together."

Danielle has moved closer to her family, now has a good job, and will soon move into her own apartment. She's excited about decorating it for the babies' arrival in January 2020.

What would she say to other women in similar circumstances? "If you're in crisis, don't shut yourself down. There's plenty of help available if you reach out for it."



A Nurse's Perspective...

This year 86% of our ultrasound clients chose life. Since launching our ultrasound program in 2013, Nurse Manager Victoria Koh has performed 1,400 ultrasound exams. Here is her perspective on a client story and the miraculous tool of ultrasound.

"My next patient, Tina, was in the lobby filling out her initial paperwork. She wanted both pregnancy testing and an STI screening. With my years of experience, I immediately assumed she was not pregnant. I thought to myself, "I know her type. She really wants an STI test and only checked 'pregnancy test' as an afterthought because it's free." I was so confident I even let the client advocate know my prediction. I assumed Tina's interview with the client advocate would move quickly.

A few minutes later, it was my turn to see Tina, and I was so surprised when her pregnancy test was positive! She didn't remember when she'd last had a period so I couldn't calculate how far along she was, but she had marked that she hadn't yet taken a home pregnancy test.

Again, based on my experience, I made another assumption — she must be in very early pregnancy. I knew Tina was abortion-minded, so it was important to offer her an ultrasound, but I was hesitant. If her pregnancy was earlier than six weeks, I wouldn't be able to show her the life growing inside her because it might be too small to see it on the ultrasound. Reluctantly, I proceeded.

Once again, I was surprised. Her ultrasound revealed she was already 10 weeks into her pregnancy, and her baby was squirming, kicking, and waving its little arms.

The best part of this story is that I wasn't the only one who had made an incorrect assumption. Upon seeing the moving image of her baby, Tina completely changed her mind. There was no way she could terminate this pregnancy.

God had given me a lesson in humility and opened up Tina's heart to receive the blessing of motherhood."



Grateful Hearts Transformed



93% of clients describe their experience at the Center as “great” based on their completed exit surveys.

“You helped me feel I’m not alone.”

“Thank you for being welcoming and not judgmental.”

“I’m glad to have found an organization like this that has given me the resources I needed.”

“My anxiety has been lifted!”

“Thank you for taking me in during such a frustrating situation where my insurance has not been helpful.”

“It has made me think hard about my options and my future.”

“I’m very happy to have found this clinic, it’s such a blessing.”

“Thank you so much for having this facility. You gave me information I didn’t even know I needed to know.”



Average Volunteer Client Advocate and Registered Nurse Hours Per Week: 66

Average Pregnancy Tests Per Week: 13

Average Ultrasound Exams Per Week: 7

Active Clinic Volunteers: 27

Information often shared with clients: abortion procedures, abstinence, abuse, adoption, childbirth, depression, fetal development, maternity homes, options, physical and sexual abuse, post-abortion recovery, pregnancy symptoms, prenatal nutrition, relationships, self-esteem, substance abuse.

Transforming Hearts Through Awareness

Our two branded events, the Annual Walk for Life South Bay 2018/2019 and the 6th Annual Evening of Hope Fundraising Banquet raise awareness and funds so we can continue the legacy of saving lives.



31st & 32nd Annual
Walk for Life South Bay
2018/2019



2018 6th Annual
Fundraising Banquet



A Transforming Love

Brian and Donna Carrico, supporters of the Center for many years, truly believe the Center is an extension of the Body of Christ and a place of hope for the women who seek our help.



"It's our heart's desire to support the Center, which reaches out to help young women in this community who are faced with a crisis pregnancy. It also gives the community an opportunity to participate in this life-saving work," shares Donna.

As monthly Circle of Hope pledge donors and business owners, Brian and Donna understand the importance of having a business with a solid financial foundation, and through monthly giving to the Center, they believe they can support the Center in achieving that goal.

"As Christians we are stewards of the money God has blessed us with. The Center, because of its life-saving mission, is at the core of God's heart. Therefore, we gladly share with them what we've been blessed with."

Brian and Donna also have a personal story and affinity with the Center. When their daughter (above, far right) was in college, she was raped by another student. "This was a heartbreaking experience, but we stood by her side as she chose life for her baby. We want to be able to do that for other young women."

Through this difficult experience, they were blessed with a beautiful granddaughter (pictured below far right with all their grandchildren) who has grown to be an amazing woman of God. They want to be able to help other young women going through similar circumstances.

Brian and Donna believe "The Center is the support a young woman will need as she faces one of the most important decisions of her life."



Giving for Life

We give thanks for all our supporters who celebrate life and help us transform hearts through their giving. You will find many ways to contribute to the work of the Center at supportphctorrance.org/contribute:



Make a one-time donation to the Center and join us in helping more women eliminate the crisis in an unexpected pregnancy.



Pledge monthly—You can help protect the lives of the preborn by joining the Circle of Hope and pledging to support the Center with a monthly donation.



Planned Giving—Create a legacy that will live on in celebration of life by including the Center in your estate planning.



Honor Memorials—Looking for a meaningful, eternal gift? Give the gift of life in honor or memory of a loved one.

All gifts may be eligible for employer matching donations.

Check at supportphctorrance.org/contribute, or contact us and we will check for you.



Sponsors Help Us Transform Hearts



Platinum: Meadows Mechanical, 40 Million and Counting

Diamond: Paul and Sherry Southgate, Michael and Carla Tumanjian

Gold: His Life Woodworks, Brian and Rose Paschall, Allen and Valerie Thomas, Xero Solar

Silver: American Martyrs Catholic Church, Barden Electric, Inc., Glenn and Heather Burr, Hope Chapel, Dan and Linda Houston, Brett and Leyla Magpiong, Brian and Teresa O'Sullivan, Donald and Carol Pfaff, Providence Little Company of Mary, Dr. John and Carol Shafer, St. James Catholic Church, Brian and Lindy Wynne

Bronze: Beach Babies, LLC, Bill Gibbs, Brian and Heidi Cunningham, Rick and Linda Humphrey, Knights of Columbus Redondo Beach Council #1990, Deacon Dale and Kim Sheckler, St. Lawrence Referral Group, Howard VanGilst and Barbara Thomas, World of Diving

In Kind: Drs. Brian and Donna Carrico, Chick-fil-A, Gary Meyer, Cindy Percz, Relevant Radio, SeaCoast Church

STAFF

Adrienne Gross, *Executive Director*
Dr. David Lu, *Medical Director*
Norma D. Grove
Victoria Koh
Donna Lee
Jennifer LeGrand
Susan Lofy
Jeanne Soto
Mary Thompson

OUR MISSION

To provide a safe, caring environment where every woman facing a crisis pregnancy can receive information, education, and practical assistance in order to eliminate the crisis and choose life for her baby; and to inspire others to embrace sexual health and integrity.



BOARD OF DIRECTORS

Dan Houston, *Chairperson*
Brian Wynne, *Vice Chairperson*
Brenda Coe, *Secretary*
Scott deBeaubien, *Treasurer*

MEMBERS-AT-LARGE:

Heidi Cunningham
Dr. Toks Kamson
Annette Leroux
Dr. Lindsey Love-Hill
Bill Van Leuven

Clinic

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Open: M-F 9:30 a.m. - 3:30 p.m. • Thursday 5:00 p.m. - 8:30 p.m.
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Pregnancy Help Center is a 501(c)(3) corporation and is licensed by the State of California Department of Health as a Community Clinic. Federal Tax ID # 95-4579814