



Come
grow
with us

Pregnancy
HELP CENTER
YOUR SUPPORT SAVES LIVES

**ANNUAL REPORT
FOR 2015**



A NOTE FROM THE EXECUTIVE DIRECTOR & BOARD CHAIR

Dear Partners,

We have so much to be thankful for and give praise to God! The Pregnancy Help Center has been providing life-saving services in the South Bay community for over 40 years. Countless women have been helped in eliminating the crisis in their pregnancies and instead choosing LIFE, and we are grateful for the support of so many -- both in and out of the Center -- working together to help us achieve our mission.

2015 was an amazing year with over 75% of ultrasound clients choosing life. Our staff and volunteers provided completely free services including pregnancy and STD testing, limited obstetric ultrasound, and compassionate care for referrals or other resources.

In the last two years, we have doubled the number of

pregnancy test clients and have also experienced a 39% increase in ultrasounds, introducing our clients to their preborn babies for the first time.

Words cannot express our appreciation to all of our staff and volunteers whose passion touches so many and who have helped bring thousands of precious lives into the world.

The Board and staff have also committed to a three-year plan for the Center which includes working toward moving to a larger facility. The response of our friends to support us in securing the financial resources needed to make this happen has been overwhelming, and currently there is \$165,000 in the New Facilities Fund.

God is doing amazing work here at the Center. We thank you for joining with us as we continue to prevail, move forward, and help more women choose life!

May God bless you abundantly,

Adrienne & Jeanne

Adrienne Gross, Executive Director
Jeanne McLeod, Board Chair



SERVICES

All our services are free of charge:

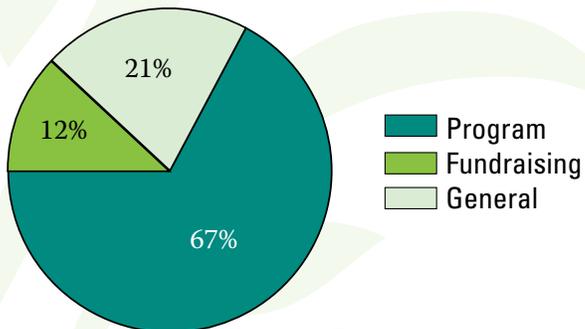
- Pregnancy testing
- Limited obstetric ultrasound
- STI risk assessment and treatment
- Factual information about abortion procedures
- Post-abortion support
- Prenatal and breastfeeding education
- Sexual integrity program for schools
- Community resource referrals, including housing, professional counseling and adoption
- Assistance with Medi-Cal applications
- 24-hr. helpline



FINANCES

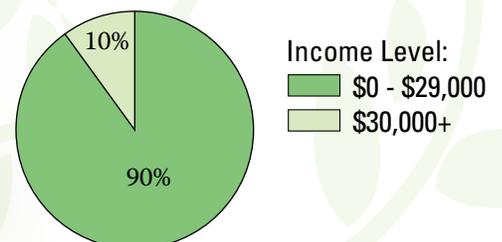
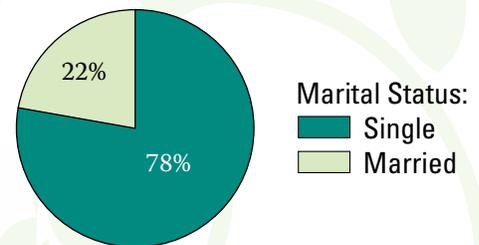
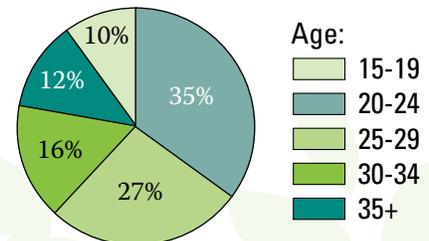
January through December 2015

Total Income: \$ 405,707
 Total Expenses: \$ 333,355



ABOUT OUR CLIENTS

Client Visits: 1,034
 Unique Clients: 883
 Pregnancy Tests: 676
 Positive Results: 495
 Ultrasounds: 295
 Chose Life: 75% of ultrasound clients



Hope Lives Here

Pregnancy Test/Ultrasound

Jesse



I had just moved back to the South Bay and started my dream job. I didn't even have an apartment or medical insurance. When I found out I was pregnant, I was shocked and scared and undecided about carrying the baby.

I went to Planned Parenthood and felt the only option offered was to terminate the pregnancy. They said to come back when I was ready to schedule a procedure.

I knew about the Center because my Mom had come here a few years back, and I was having difficulty getting up the courage to tell my parents I was pregnant.

When I came to the Center, they were very nice, understanding and helpful. When I saw the heartbeat on the ultrasound, I thought, "Yes, that's my baby!" That's when I got excited about having a child.

I also appreciated the support I got with the breastfeeding class and other education the Center helped me with, besides getting MediCal and other assistance.

I talked with the client advocate about telling my parents and that helped me. Now that Bailey Rae is here, my family is supportive and so happy to have a baby in our family; she brings joy into our lives.

Average Pregnancy Tests & Ultrasounds Per Week: 20

Ultrasound Clients Choosing Life: 75%

Hope Lives Here

Client Advocate

I was very confused about what to do about my pregnancy. The father of the baby kept saying, "You're getting an abortion," but I wasn't sure. Abortion is expensive and we kept putting it off. I don't think he really wanted me to do it. I was out of work, had no insurance at the time and it was a difficult period in my life.

I wasn't sure how I would tell my family. I'm from Nigeria and a private person who usually keeps things to myself. Coming to the Center and having people listen to me and help me was my only source of support. The Client Advocate followed up with me and we talked about how to tell my Mom and other things.

At first I wanted to keep it only if it was a boy, because I didn't want a girl who might repeat my life. Eventually, I realized it doesn't matter, and my boyfriend decided he wanted to keep the baby, too.

At Christmas I was around six months and I wrapped up the ultrasound picture, booties and beanie I got at the Center and gave them to my Mom. That was my way of telling her, and I was also able to talk to her about some other painful, personal things I'd never talked with her about.

I had a boy! Zac was born in April and he is wonderful. My family is supportive now. Going to the Center was a big relief and made me happy and hopeful. You are a blessing to me!

Keisha



Average Client Advocate Volunteer Hours Per Week: 34

Information Often Shared With Clients: Abortion Procedures, Abstinence, Abuse, Adoption, Childbirth, Depression, Maternity Homes, Options, Physical & Sexual Abuse, Post-Abortion Recovery, Prenatal Nutrition, Relationship, Self-Esteem, Substance Abuse

"The World Needs More Places Like This..."

Each client completes an exit survey after their visit. Here are some comments:



*"You provided me with answers I didn't know where to find."
- Pregnancy test client*

*"(The ultrasound) made me
100% more comfortable and
sure of my decision to go full
term." - Ultrasound client*



"Coming here has made me rethink my life's decisions." - STI client

*"I felt like I was making the right choice."
- Consultation client*



*"I was really surprised how helpful and caring you were, and
cannot believe the volunteers don't get paid. The world needs
more places like this..."*

Hope Gives Here

Volunteers Give With Heart

Our Center couldn't exist without the support of our wonderful volunteers. There are so many opportunities to Give Hope:

- Client Advocates
- Registered Nurses
- Female Ultrasound Observer
- Post-Abortion Client Advocate
- Receptionist/Greeter
- Marketing & Graphic Design
- Photography/Videography
- Event Planning
- Clerical/General Office
- Fundraising Assistance
- Speakers Bureau



"It's a just cause and as long as abortion exists I know I will keep fighting and supporting the Center. I'm called to defend the unborn."

Jeannine Lichtenberg started as a helpline counselor 24 years ago, has served as a client advocate, and is currently a member-at-large on the Board of Directors for the second time.

She and her husband Ben are longtime supporters of the Center. "This is my cause, and it was defined early in my family of prolife supporters."

Jeannine has seen the Center grow and change. She says of her role as client advocate, "I want to reach out to women who are hurting, and let them know they're in a safe place where no one's selling them anything or pressuring them. I think it would be great if we became a woman's preferred alternative clinic."



Marian and Norman Goyette have been supporting the Center since 1991, as top contributors each year to the Walk For Life.

Marian says, "Everything comes from God, and we give to the Center because I know God wants us to help save the babies. I had an experience years ago where I shared with a young woman about the Center and it hit me in a flash that the Pregnancy Help Centers are the ones that are saving the babies and we have to help."

The Goyettes raised five children who are all involved in the prolife cause. She continues, "How privileged we are to have children, and we should protect them at every stage of life."

"...It hit me in a flash of awareness that the Pregnancy Help Centers are the ones on the front lines saving the babies, so we have to support them."

Giving Made Easy

There are many ways to give to the work of the Center at supportphctorange.org/contribute:

Make a one-time donation to the Center and help us to help more women eliminate the crisis in an unexpected pregnancy.



Pledge monthly—You can help protect the lives of the preborn by joining the Circle of Hope and pledging to support the Center with a monthly donation.

Planned Giving—The transfer of assets (e.g., real estate, stock or life insurance) to a designated nonprofit organization during a lifetime or at the time of passing.



" I was a minor when I found out I was pregnant and I wasn't sure I could do this on my own. You were the only ones who really listened to me and actually offered help. I have a beautiful boy now, and I think I've had so many blessings because I didn't have the abortion."

-Andie



STAFF

Dr. David Lu, Medical Director
Adrienne Gross, Executive Director
Lisa Fulton
Norma D. Grove
Victoria Koh
Donna Lee
Susan Lofy
Cleo Martin
Marianne Souza
Mary Thompson

BOARD OF DIRECTORS

Jeanne McLeod, Chair
Jessica Perry, Vice Chair
Gretchen Harris, Secretary
Gary Meyer, Treasurer
Members-at-Large:
Brenda Coe
Heidi Cunningham
Dr. Toks Kamson
Jeannine Lichtenberg
Carol Shafer
Bill Van Leuven

OUR MISSION

To provide a safe, caring environment where every woman facing a crisis pregnancy can receive counseling, education, and practical assistance in order to eliminate the crisis and choose life for her baby; and to inspire others to embrace sexual health and integrity.



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